

Speedy's Protein Balls

Protein Balls:

1 cup old fashion regular oatmeal

1/3 cup honey

1/2 cup peanut butter

1/2 cup flax seed mill

1 tsp vanilla

1/2 cup mini chocolate chips

(optional)

Mix all together and roll into balls, chill for at least an hour before eating, then store in an airtight container in the fridge.

Optional add ins:

coconut

white chocolate chips